



June 2026

PUUF is currently offering in-person services at **10:30 AM** on the 1st and 3rd Sundays of the month, with small-group gatherings on the 2nd and 4th Sundays. Weekly meditations are held early evenings on Sundays; please see below for all other events. An interactive Zoom option is available for those wishing to participate remotely in the services (see link below). Continue reading for details. A monthly calendar will be posted on the window outside the Fellowship.

June Steering Committee Meeting: Note that the monthly meetings have moved to the second Wednesday of the month and an hour earlier. The next Steering Committee meeting is scheduled for Wednesday, **June 10**, at **1:30 PM** at the Fellowship Hall. All are welcome and encouraged to attend. The meeting date and time are subject to change. If you would like to attend, you may verify the meeting date and time and also request Zoom access by emailing info@pagosauu.org or by contacting any member of the Steering Committee. The 2025-26 members and officers are Michael Demchak, president; Joan Ward, vice president; Pauline Benetti, secretary; Kay Kaylor, treasurer; and Pat Devin and Martine Colombey, at large.

Peaceful Leanings

De Anna, Community Engagement Coordinator

An Invitation

Imagine back to when you were younger, a child perhaps. Imagine summer break from school. What do you remember most?

Depending on where you grew up, it could have involved jumping in a swimming hole or riding the waves at the beach. Maybe it was waiting for the ice cream truck's music

in the neighborhood or cool watermelon slices – seeds and all!

The dog days of summer aren't quite here yet, but the childlike sense of fun and frivolity are worth our attention. I've been hearing lately to embrace a child's mind, one of curiosity, joy, and just plain fun.

I invite you to ask, "What does that mean for me?" Is there a sense of wonder to how you might view the sky full of stars? Or maybe you notice the polliwogs swimming near the edge of a pond. Whatever way you find to make meaning in this mixed-up world, I wish for you long, lazy days of adventure and a child's eye view of the rainbows among the clouds.

It has been a year of growth for the Fellowship, and I feel grateful to have been a small part of that. The Steering Committee and Sunday Service Team have been hard at work making decisions and plans for the future of this dynamic, liberal voice in the community.

For this to thrive, I will be working behind the scenes more to ensure the programs continue to be a vital part of the Fellowship. One aspect of keeping an organization vibrant is to have a variety of voices in the room. *Consider this your invitation to share your voice, to offer what you can of your time, treasure, and talent to blend with others to make beautiful harmonies.* (See the calendar below for a special Fellowship retreat day.)

Need Ideas on helping? First, find what brings you joy.

Like to work in the kitchen?

- Offer to make coffee and set out snacks for coffee hour after services.

Like to read about making a difference?

- Offer to host a book group once a month.

Want to hear about a specific theme on Sundays?

- Share your ideas at a Sunday Service Team (SST) meeting.

Want more music?

- Share your talent for playing a musical instrument or leading a song.

Have organizational skills to share?

- Serve on the Steering Committee for a year.

A myriad of ways to contribute to the life of a faith community are possible. Yours might be waiting to be shared.

With deep gratitude and love, De Anna



Our recent Action Sunday! project – Painted rocks for Pagosa Pride

All Are Welcome

Pagosa Pride happens Saturday, June 13, 11 AM – 4 PM at Town Park. (See the article below.)

Our Fellowship is one of the faith sponsors and could use more volunteers on the day of the event for setup, welcoming participants, and cleanup. If you can lend a hand for an hour or two, email PagosaPride@gmail.com. Thank you, and we look forward to celebrating with you there.

Fellowship Pledge Campaign

Something new is happening at PUUF! We initiated a Pledge Campaign in April. “What’s new about that?” you ask. “Happens every year.” Well, this year is different. The Fellowship's bottom line is in need of support more than ever before in our history, so we are starting early in order to provide you with the details you need to appreciate our financial situation. Michael Demchak, President of the Steering Committee, will take a few minutes on the first and third Sundays to fill in the details

and will be available after service to answer questions.



In Gratitude

Thank you to Bonni for leading the "Rooted in Solidarity" service and for connecting us with the Rev. Michael Brown of Santa Fe. We enjoyed getting to know the reverend and Diane and are grateful he shared his journey and how Universalism challenges the belief in Hell with social action.

Living Our Shared Values



The Sunday Service Team is always looking for ideas for speakers and topics for the Message during the Sunday Service. We look for presentations that align with our Shared Values. This can be anything from what inspires us spiritually to climate justice, social justice, belief systems, and more. It would be a great help if anyone has suggestions for speakers or a topic of your own.

You can contact Joan Ward

at pagosauuf@gmail.com.

Share the Plate

In our role as a *giving congregation*, we continue to support local organizations, such as our annual donation to the Pagosa Community Initiative, our contributions to the Drug Testing program, our help with the 2025 and 2026 Pride events, and offering the Fellowship Hall for sponsored activities.



SUNDAY SERVICES AND PROGRAMS

Sunday, June 7 10:30 AM

Meditation Practice 5:30 PM

On Zoom and in Person at the Fellowship Hall

What You Need to Know about the Anti-Trans Movement

From The Transforming Hearts Collective

We take this month to recognize and honor the LGBTQ+ community as a Welcoming Congregation.

We will share an informative and enlightening video that provides an overview of the anti-trans political movement, where it came from, and some of the threats that trans people in the U.S. are currently facing. It offers facts to counter some of the worst misinformation that is a central part of the anti-trans movement's tactics to erode public support for trans people. This is part of a series from The Transforming Hearts Collective, which "represents a vision of a world in which queer and trans people can show up fully as ourselves in all of the places we call home." Discussion will follow.

Sunday, June 14 10:30 AM

Meditation Practice 5:30 PM

In Person at the Fellowship Hall

Going Deeper Sharing Circle

This small-group setting is where we practice deep listening and sharing with others. From this place, we gather in reflection and continue with resources from the UU

Ministry for the Earth, while holding the Earth and ourselves in loving lament and healing, for whatever is on our hearts. All are welcome, as this is an open, and safe circle. Light refreshments are offered.

Sunday, June 21 10:30 AM

Meditation Practice 5:30 PM

On Zoom and in Person at the Fellowship Hall

Celebrating Summer Solstice

Annual Fellowship Picnic and Annual Meeting

This annual event, hosted again by Barbara and Dave at their home, is a highlight for the year. This year is extra special, as we will hold the Fellowship's Annual Meeting and an honoring of Summer Solstice! Music. Ritual and community are the themes. We need YOU to make it happen. Let's make this the biggest and best ever as we gather to celebrate our community!

A main dish and dessert will be provided. Bring a side dish to share, a chair, and your own beverage and tableware. The short Annual Meeting gives members the chance to vote on the budget for July 2026 – June 2027 and to vote on the steering committee members.



Directions to 1375 County Road 326, Pagosa Springs: Take highway 84 south out of east Pagosa, about 8 miles to CR 326, which has an Exit Realty sign and is the Blanco Basin Road, and turn left, going east. It's just past mile marker 20. Go 1.3 miles exactly, and watch closely for the turnoff down and to the right. Go through a gate, over a bridge, up a hill, and curve left. Dave and Barb are the first driveway on the

left (there's only two houses on this road). If you get lost, call Barb: 303-246-3115.

We are in need of new Steering Committee members!

Pauline Benetti is stepping down from the committee. Many thanks for your valued time, Pauline. If you are interested in joining the committee, please speak with Michael Demchak, Joan Ward, Kay Kaylor, Pat Devin, or Martine Colombey or email pagosauuf@gmail.com.

Action Sunday! Fellowship Planning Retreat June 28

Meditation Practice, Fellowship Hall 5:30 PM

We take this Sunday with a different kind of action. In a retreat-style setting, we will turn our focus for planning and renewal for this Fellowship. Stay tuned for more details as we grow in spirit, do good, and strengthen our friendships. All are encouraged to attend all or part of this event. It will be held at the home of one of our members.

Zoom Instructions

<https://us02web.zoom.us/j/8991941305>

Meeting ID: 899 194 1305

Dial by your location

+1 346-248-7799 US (Houston)



Pagosa Pride Festival

Saturday, June 13 11 AM – 4 PM Town Park

The Pagosa Pride planning committee is working on the 3rd Annual Pagosa Pride Festival to be held Saturday, June 13, from 11 AM to 4 PM in Town Park in downtown Pagosa Springs. The previous Festivals, held in June 2024 and 2025, were a great success, with almost 200 people in attendance each time.

The Pagosa Pride Festival benefits our LGBTQIA+ community through increased visibility, creating an inclusive space and opportunities to foster advocacy for equity and social justice for people of all colors, gender identities, and sexual orientations.

The lead sponsor for the Festival is the Fellowship, with support from the Pagosa Springs Community United Methodist Church and St. Patrick's Episcopal Church, also of Pagosa Springs.

We are seeking sponsors and volunteers for the event. The final meeting is Thursday, June 4, 4:30 PM, at the Fellowship. For more information, email us at pagosapride@gmail.com.

More Social Justice Opportunities

For information on local rallies, Equality Pagosa sends emails out. Contact them at psequalitymarch@gmail.com. Indivisible Colorado offers an Action Network, including speakers on Zoom; sign up via indivisiblecolo@gmail.com.

A useful website or app for contacting our legislators is 5 Calls, <http://5calls.org>, which identifies lawmakers with an area search, lists multiple active topics, gives a background on them and how your representatives voted, and provides a script to use for the calls, along with informative and links.

Qigong Classes

Mondays 1 PM

Jeanette Pike

Qigong is a Taoist energy art that uses gentle movements to support health by lessening tension and stress in the body. The goal of this class is to create a sense of space and peace inside our bodies, thereby enhancing our ability to share that peace with the world around us.

Jeanette Pike has been practicing and teaching qigong for more than 10 years. Her primary training is in the Water tradition.

Class starts promptly at 1 PM and lasts about an hour. An online Zoom option is also

available. For the Zoom link, or any other questions, please contact Jeannette at lavender.moon.peace@gmail.com. This class is offered on a donation basis.

Love, Compassion, Joy, and Equanimity

Tara Pagosa Meditation Group

Sundays 5:30 – 6:30 PM

Please email dandmpstr@gmail.com to be added to the instructor's email list for information about any changes.

Dan Dempster

Diminish pain, conflict, and stress through the practice of patience, kindness, and compassion. Learn how training in love and compassion for others can make you more joyful and attractive.

A world of extraordinary beauty and subtlety lies just beneath the surface of our apparently mundane and fearful existence. With guidance and practice, learn to recognize the exquisite interdependence of our sacred web of life and rediscover the joy and magic in your life.

These are simple yet profound and beautiful practices based on cultivating the Four

Immeasurables (Love, Compassion, Joy, and Equanimity). Come regularly to deepen your Dharma practice. Attending group practice will encourage, support, and reinforce your daily home practice, which we can help you establish.

Just bring a kind heart and an open mind. We can even help you to find those! Newcomers are always welcome. Meditation instructions are reviewed every week so that those new to meditation will gain confidence and those more experienced will continue to deepen their practice.

After meditation practice, we are currently studying the Heart Sutra, following Lama Migmar's book, *The Wisdom Gone Beyond, Teachings on the Heart Sutra* (available on Amazon: <https://a.co/d/fVTeuPa>). It is followed by a short Dharma talk and discussion. Please bring your favorite cookies to share over tea.

Can't attend in person? Join us on Zoom. See the note above. Emails you will receive may include a short Dharma message, notifications about upcoming Dharma events, or cancellations. Stay connected and stay informed!

Dan Dempster, CA, is a certified meditation instructor and authorized Dharma teacher and for more than 20 years a student of Khenpo Migmar Tseten, Buddhist Chaplain at Harvard University.

Wise and Wakeful Circle

Second and Fourth Saturdays 10 AM

Elaine Harding and Sam Johnson

In the Wise and Wakeful Circle, we connect heart to heart in a one-hour gathering for meditation, inspiration through a spiritual reading and discussion, and healing affirmations to support our healing, awakening, and manifesting a compassionate life and world. Led by Elaine Harding and Sam Johnson, the group is open to all

individuals who align with the values of respect, peace, and authentic connection. If you have any questions, please contact Elaine at elaine@elainekharding.com.

Care Kits for the Unhoused

Friend of the Fellowship, Kristen Roth, has taken the initiative to assemble care kits for our unhoused population. If you would like to help in this effort, Kristen's suggested care kits for both men and women, as well as a resource guide to services within our community, can be found using this link:

<https://pagosauu.org/wp-content/uploads/2023/01/homeless-care-kits.pdf>

UU Fellowship of Durango – Sundays, 10 AM

The Durango Fellowship has a new Settled Minister, who began in September: Rev. Jamie Elaine Boyce. You are welcome to join with the congregation of UUFD for their Sunday morning service with the following link:

<https://durangouu.org/worship/upcoming-worship-services/>

Foothills Unitarian – Sundays

9 AM, Interactive on Zoom; 11 AM, Livestream

The Fellowship has partnered with Foothills Unitarian in Fort Collins, which welcomes online participation with this link:

<https://foothillsuu.org/watch/>

First Unitarian Church of Albuquerque – Sundays, 10:30 AM

Join with the congregation of First UU of Albuquerque in their Sunday worship service via Zoom at 10:30 AM. The Zoom and live service are combined into one as of Dec. 28, 2025. The Virtual Vespers service is every Wednesday evening at 7 PM.

Use this link to their website, <https://uuabq.org/sunday-services/>, and click on Virtual Worship to join the meeting.

Unitarian Universalist Multiracial Action Council (UUMUAC) –

Third Wednesday

The primary goal of UUMUAC is Multiracial Unity, described by Martin Luther King Jr. as the “Beloved Community.” Reaching this goal requires unification of the progressive peoples of the world in the struggle against inequality and injustice. For more information, see uumuac.org. Their services are on YouTube with this link: https://www.youtube.com/channel/UCI_LLePt59InvDs47ylqVSw

Your Caring Committee

If you would like someone from the Fellowship to call periodically to say “hello” and check in to see how you’re doing and whether you need anything, please contact Pauline Benetti or Pat Devin with the Caring Committee at info@pagosauu.org. We’re

here to help!

In Memory

We offer this space to honor those loved ones who have passed, whether human or animal. If you would like to share a passing, please send a photo, if you choose, and memoriam to info@pagosauu.org.
